



Growing food and community in your own backyard







Specialty Microgreens Fresh Sheet – June/July 2015



Available Starting July 1:

- Wheatgrass
- Pea shoots
- Sunflower shoots
- > "Bread and Butter Mix" Pea and Sunflower Shoots
 - Micro Radish Mix
 - Spicy Micro Greens Mix
 - Micro Amaranth
 - Micro Basil, Cilanto, Cumin, etc

About Us:

Barrens' Bounty is a suburban farm based in Brick, NJ. We grow specialty microgreens and wheatgrass for custom order to restaurants, health food stores, and directly to consumers. All of our crops are grown using 100% organic approved practices. We strive to produce the freshest and most unique products available to our local community. If there is something you would be interested in that you don't see listed, please don't hesitate to ask!!

Ordering:

Wheatgrass:

- ❖ "Shot trays" \$3 each
- ❖ Full (10"x20") trays \$17 each

Microgreens:

- Varies depending on crop
- Sold by the clamshell \$5 and up, depending on quantity and variety
- ❖ \$50 minimum on all restaurant purchases
- Samples of any product available upon request
- New orders will be fulfilled within 2 weeks; Tuesday and/or Friday delivery available thereafter.

(732)278-7066

<u>barrensbountyfarm@gmail.com</u> http://www.facebook.com/barrensbounty